** Many helpful books dealing with a large range of information can also be found and purchased through our website in the Reading Room at http://www.passionatecarellc.com/reading.htm

Alzheimer's Association National Office  
225 N. Michigan Ave., Fl. 17, Chicago, IL 60601  
24/7 Helpline: 1.800.272.3900

Alzheimer’s Caregivers - MedlinePlus, National Library of Medicine  
www.nlm.nih.gov  
This site provides links to information on all aspects of caregiving from several government agencies and nonprofit organizations.

Eldercare Locator - U.S. Administration on Aging  
www.eldercare.gov  
This site provides online and toll-free access to listings of local community services, including respite services, home health care and adult day care.

AARP  
www.aarp.org  
AARP's caregiving section offers information on a variety of caregiving issues.

Family Caregiver Alliance  
www.caregiver.org  
This site furnishes a comprehensive collection of full-text caregiver studies, statistics and caregiver materials.

National Alliance for Caregiving  
www.caregiving.org  
This nonprofit organization provides information about and for caregivers. Notable are several caregiver reports on surveys and research.

A Practical Guide to Alzheimer's, Dementia and Driving.  
www.thehartford.com/alzheimers  
The Hartford has developed a guide to help individuals with Alzheimer's and their caregivers determine when it is time to stop driving.

We Need to Talk ... Family Conversations With Older Drivers.  
www.thehartford.com/talkwitholderdrivers/
The Hartford has developed a guide to help families initiate productive and caring conversations with older adults about driving safety.

American Red Cross
www.redcross.org
Information on how to prepare for natural disasters such as hurricanes, floods and earthquakes.

National Hurricane Center
www.nhc.noaa.gov
Learn about hurricane hazards and what you can do to help protect yourself, your family and your property.

Web Sites Eating Difficulties

Eating difficulties and dementia.
Alzheimer's Disease and Related Disorders Association of NSW, Inc.
This Web site provides a chart of more than 30 eating problems in the middle and late stages of dementia and their solutions.

Skill builder: eating and nutrition.
Eldercare On-line's Alzheimer and Dementia Care Channel.
An in-depth article on the causes of eating problems and techniques for preparing meals and feeding someone who is bed-bound.
http://www.ec-online.net/Knowledge/SB/SBeatnutr.html

Swallowing disorders.
eMedicine.com.
eMedicine.com provides a comprehensive article for healthcare professionals on the anatomy of normal and abnormal swallowing, diagnosis, treatment, and strategies for compensation.
http://www.emedicine.com/pmr/topic152.htm

Activities – Journal


**Articles, Web**


**Books & Book Chapters**


Can also be purchased by calling 800 223-4405


Sander, Pamela. Activity care plans for long term care facilities: (Or if you don't write this down, it wasn't done!). Bossier City, LA: Professional Printing and Publishing, Inc., 1999.


**Newsletters**

Activity Directors Guide. Published monthly by Eymann Publications Inc., P. O. Box 3577, Reno, NV 89505. (775) 358-1476. www.care4elders.com

Here's Help. Published monthly by Eymann Publications Inc., P. O. Box 3577, Reno, NV 89505. (775) 358-1476. www.care4elders.com

**Journals**

Activities Adaptation & Aging. Published quarterly by Haworth Press. 10 Alice St., Binghamton, NY 13904. (607) 722-5857. www.haworthpress.com


**Journal Issues**


Therapeutic interventions. Alzheimer's Care Quarterly. Fall 2001,
Videoclips

Bringing out the best: Dementia programming and activities. Partners in caregiving: the dementia services program.
Winston-Salem, NC: Partners in Caregiving: The Dementia Services Program, 1994, 4 videocassettes (356 mins.)

Healing Arts. Aquarius Productions.
Medford, OR: Aquarius Productions, 1996, 1 videocassette (28 mins.)

More than movement: Creative activities for older adults. Health Professions Press.
Baltimore, MD: Health Professions Press, 1997, 1 videocassette (30 mins.)

Programming for dementia. Geriatric Resources.
Radium Springs, NM: Geriatric Resources, 1994, 3 videocassettes (345 mins.)

Web Sites

Center for Positive Aging
(click on "Resources" and then on "Therapeutic Things to Do")
Center for Positive Aging provides interdisciplinary education, training, research, and service within a university environment and in varied urban, rural, and reservation community environments.
http://www.fgcu.edu/cfpa/thingsToDo.asp

Alternative Solutions in Long Term Care
This site is a gateway that provides links or direct online access to practically anything an activity professional needs. These include but are not limited to Alzheimer's unit development, bulletin boards, calendars and dates to remember, care plans, catalogues and long term care magazines.
http://www.activitytherapy.com/

National Association of Activity Professionals
NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.
http://www.thenaap.com/

The National Coalition of Creative Arts Therapies Associations
The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.
Therapeutic Recreation
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

http://www.recreationtherapy.com/rt.htm

Art - Articles, Journal


Books

Web Sites

National Center for Creative Aging
The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.
http://www.creativeaging.org/who.html

Dance/ Exercise/ Movement - Articles, Journal


Cott, Cheryl; Dawson, Pamela; Sidani, Souraya; et al. The effects of a walking/talking program on communication, ambulation, and functional status in residents with Alzheimer's disease. Alzheimer Disease and Associated Disorders. 2002, vol. 16(2), pp. 81-87.


Books


Journals

Journal of Aging and Physical Activity. Published quarterly by Human Kinetics Publishers, 1607 N. Market St, Champaign, IL 61820. (217) 351-5076. www.humankinetics.com


Web Sites

American Dance Therapy Association
The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.

http://www.adta.org/

Internet Information Notes
Exercise and Fitness. Administration on Aging.
The Aging Internet Information Notes are created for users to explore Internet resources and find information and sites beyond those identified. More than 60 aging topics are currently represented in this series. Notes begin with a brief description of the subject area, followed by web pages with urls and hyperlinks organized by public interest subtopic or intended audience. An effort is made to include sites with information useful to consumers, policy planners, program development staff, state service providers, professionals working with older adults, students, teachers and researchers, media and business.


Horticulture - Articles, Journal


Articles, Newsletter


Books


Web Site

American Horticultural Therapy Association
The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. http://www.ahta.org/

Intergenerational Articles, Journal


Articles, Web

Intergenerational programs that really work.

Book

Web Sites

Internet Information Notes: Intergenerational programs
Administration on Aging.
The Aging Internet Information Notes are created for users to explore Internet resources and find information and sites beyond those identified. More than 60 aging topics are currently represented in this series. Notes begin with a brief description of the subject area, followed by web pages with URLs and hyperlinks organized by public interest subtopic or intended audience.
An effort is made to include sites with information useful to consumers, policy planners, program development staff, state service providers, professionals working with older adults, students, teachers and researchers, media and business.
http://www.aoa.gov/prof/notes/notes_intergenerational.asp

Center for Intergenerational Learning
The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.
http://www.temple.edu/cil/AboutMain.html

Generations United
Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.
http://www.gu.org/

Montessori - Articles, Journal


Book


Pet Therapy - Articles, Journal


Books & Book Chapter


Kits


Web Sites

Delta Society
Delta Society is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.
http://www.deltasociety.org/

Okada
Okada was founded in 1986. Okada, a non-profit organization, is supported by donations, grants, and trusts. Okada promotes human independence and personal enrichment by utilizing the unique qualities of specially trained dogs.
http://www.okadadogs.com

Pet Therapy
Part of the Alternative Solutions in Long Term Care web site this section provides resources & products for animal assisted therapy in nursing homes and other health care facilities.
http://www.activitytherapy.com/pet.htm

Recreation Therapy - Articles, Journal


Books & Book Chapter


Guidelines


Journals
Web Sites

National Therapeutic Recreation Society
The National Therapeutic Recreation Society (NTRS) is a membership organization for those who are interested in the provision of therapeutic recreation services for persons with disabilities in clinical facilities and in the community. NTRS members include practitioners, administrators, educators, volunteers, students and consumers. NTRS is a branch of the National Recreation and Park Association (NRPA).
http://www.nrpa.org

American Therapeutic Recreation Association
The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA, was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.
http://www.atra-tr.org/atra.htm

Documents on Therapeutic Recreation (DOCTR)
Maintained by the University of Wisconsin - La Crosse, Doc TR is a directory of therapeutic recreation documents that are available on the web.
http://www.uwlax.edu/etrrt/doctr/

Reminiscence/Validation - Articles, Journal


Books


Webster, Jeffery; Haight, Barbara. Critical advances in reminiscence work.

**Kits**

Time Slips. Terra Nova Films.
Chicago, IL: Terra Nova Films, 2000. 1 videocassette (10 mins. and 1 training manual)

**Videos**

Myrna, the mal-oriented.
Baltimore, MD: Health Professions Press, 1997. 1 videocassette (26 mins.)

Therapeutic reminiscence.
Duluth, MN: Mental Health Outreach, 1997. 1 videocassette (19 mins.)

**Web Sites**

Time Slips
Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.
http://www.timeslips.org/oldschedule.html

Validation Training Institute
This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.
http://www.vfvalidation.org

**Sensory Stimulation - Articles, Journal**


Books & Book Chapters


Reports


Videos


Snoezelen - Articles, Journal


Report

Availability: Can be purchased at the Cochrane Library web site.
http://www.update-software.com/Abstracts/ab003152.htm

Web Sites

Snoezelen
Part of the Alternative Solutions in Long Term Care web site this section provides information on Snoezelen resources & Snoezelen products. There are links to sample policies and procedures, marketing plans and Snoezelen care plans for nursing homes and other health care facilities.
http://www.activitytherapy.com/snoezelen.htm

Vendors

These companies have activity therapy products available for purchase.

Activity Products International
Carries a variety of supplies for activity programs. These include calendars, games, books, videos and program planning books. Please call for a catalog
P. O. Box 12476, Omaha, NE 68112
(402) 457-3500 or (800) 541-9152

Ageless Design - Alzheimer's Store
http://www.thealzheimersstore.com/
This web site was developed for those who care for people with Alzheimer's disease. There are products of all kinds including safety and activity.
12633 159th Court North, Jupiter, FL 33478-6669
(800) 752-3238 or (561) 745-0210

Bi-Folkal Productions, Inc.
http://www.bifoldal.org
This company provides program ideas and resources for those planning reminiscence programs with older adults.
809 Williamson St., Madison, WI 53703
(800) 568-5357
E-mail: bifolks@bifoldal.org

Elder Books
http://www.elderbooks.com
Elder Books publishes practical hands-on guidebooks for family and professional caregivers of persons with Alzheimer's disease.
PO Box 490, Forest Knolls, CA 94933
Book Orders: (800) 909-2673
Telephone: (415) 488-9002
E-mail: info@ElderBooks.com

Eldergames
https://www.ncoa.org/index.cfm
Eldergames is a service of the National Council on the Aging. A brochure and order form is available on the NCOA website.
P. O. Box 75556, Baltimore, MD 21275.
(800) 373-4906 or (202) 479-6606

Eymann Publications
http://www.care4elders.com
Eymann Publications specializes in newsletters related to long term care for elders.
P.O. Box 3577, Reno, NV 89505
(800)354-3371
E-mail: info@care4elders.com

Flaghouse Special Populations
http://www.flaghouse.com/
This catalog company carries a Special Populations catalog which features innovative, creative solutions, with therapy and educational options to enhance the potential of individuals with developmental and physical disabilities.
601 FlagHouse Drive, Hasbrouck Heights, NJ 07604-3116
(800) 793-7900 or (201) 288-7600
sales@flaghouse.com

Innovative Caregiving Resources
http://www.videorespite.com
This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.
P.O. Box 17809, Salt Lake City, Utah 84117
(801) 272-9806

Nasco Activity Therapy Products
http://www.enasco.com
Nasco has several catalogs for activity products in various settings including schools, recreational and health care.
901 Janesville Avenue, P.O. Box 901
Fort Atkinson, WI 53538-0901
(800) 558-9595

Potentials Development
Carries a variety of supplies for activity programs. These include calendars, games, books, videos, and program planning books. Please call for a catalog.
779 Cayuga st., Unit #1, Lewiston, NY 14092
(800) 691-6602

S&S World Wide Games
Arts and Crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.
75 Mill Street, Colchester CT 06415
(800) 243-9232

Therapeutic Recreation
http://www.recreationtherapy.com/rt.htm
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.